## General Contacts - All Counties

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Care Coordinating Council</td>
<td>(518) 561-4999</td>
</tr>
<tr>
<td></td>
<td>(800) 540-2273</td>
</tr>
<tr>
<td>Early Childhood Direction Center</td>
<td>(518) 464-6356</td>
</tr>
<tr>
<td>Youth Bureaus</td>
<td></td>
</tr>
<tr>
<td>Clinton County</td>
<td>(518) 565-4750</td>
</tr>
<tr>
<td>Essex County</td>
<td>(518) 873-3630</td>
</tr>
<tr>
<td>Franklin County</td>
<td>(518) 481-1697</td>
</tr>
</tbody>
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### Early Childhood Education/Child Care

#### Clinton County

<table>
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<tbody>
<tr>
<td>Child Care Coordinating Council</td>
<td>(518) 561-4999</td>
</tr>
<tr>
<td>DSS: Child Care Subsidies</td>
<td>(518) 565-3404</td>
</tr>
<tr>
<td>Head Start</td>
<td>(518) 561-6310</td>
</tr>
<tr>
<td>Family Child Care Start-Up: JCEO</td>
<td>(518) 561-6310</td>
</tr>
<tr>
<td><strong>Ready to Learn Workshops:</strong></td>
<td></td>
</tr>
<tr>
<td>Mountain Lake PBS</td>
<td>(518) 563-9770</td>
</tr>
</tbody>
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#### Essex County

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Number</th>
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</thead>
<tbody>
<tr>
<td>DSS: Child Care Subsidies</td>
<td>(518) 873-3431</td>
</tr>
<tr>
<td>Family Child Care Start-Up: ACAP</td>
<td>(877) 873-2979</td>
</tr>
<tr>
<td>Head Start</td>
<td>(518) 873-3207</td>
</tr>
</tbody>
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#### Franklin County

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Number</th>
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</thead>
<tbody>
<tr>
<td>DSS: Child Care Subsidies</td>
<td>(518) 481-1815</td>
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<tr>
<td>Family Child Care Start-Up:</td>
<td></td>
</tr>
<tr>
<td>Families R US</td>
<td>(518) 481-7281</td>
</tr>
<tr>
<td>Head Start</td>
<td>(518) 483-7022</td>
</tr>
<tr>
<td>St. Regis Mohawk Head Start</td>
<td>(518) 358-2988</td>
</tr>
</tbody>
</table>
Family and Parenting Resources

Child Abuse Hotline

Mandated (800) 635-1522
Non-Mandated (800) 342-3720

North Country Migrant Education (315) 267-2510

VESID-Vocational Educational Services
For individuals with Disabilities (518) 483-3530

Clinton County

Family Resource Center:
Family Connections (518) 561-4999
Cornell Cooperative Extension-Nutrition (518) 561-7450
DSS: Preventive (518) 565-3217
Protective Services (518) 565-3310
Early Advantages/Parent Program (518) 563-8206
Literacy Volunteers (518) 564-5332

Essex County

Cornell Cooperative Extension-Nutrition (518) 962-4810
DSS: Prevention & Protective Services (518) 873-3413
Families First (518) 873-9544
Literacy Volunteers (518) 546-3008

Franklin County

Catholic Charities Parenting & Counseling (518) 483-1460
Cornell Cooperative Extension-Nutrition (518) 483-7403
DSS: Prevention & Protective Services (518) 481-1832
Family Resource Center: Families R Us (518) 481-7281
(518) 483-5382
Family Resource Center: Family Matters (518) 359-8167
Literacy Volunteers (518) 483-9366
(518) 891-5567
# Services for Young Children with Special Needs

## Make a Wish Foundation
(518) 566-6698

## Clinton County
- Adirondack Helping Hands, Inc.  (518) 561-6361
- Early Intervention (0-3)  (518) 565-4848
- North Country Association for the Visually Impaired  (518) 523-1950
- North Country Center for Independence  (518) 563-9058
- North Country Kids, Inc.  (518) 561-3803
- North Country Regional Traumatic Brain Injury Center  (518) 564-3137
- Parent to Parent  (800) 305-8817

## Essex County
- Families First  (518) 873-9544
- Children’s Development Group  (518) 834-7071
- Early Childhood Intervention Program:
  - Preschool Age & Early Intervention  (518) 546-3381
  - Early Intervention (0-3)  (518) 873-3500
- Parent to Parent  (800) 305-8817

## Franklin County
- Children’s Corner Preschool-Adirondack ARC:
  - Tupper Lake Children’s Corner  (518) 359-7518
  - Malone Children’s Corner  (518) 483-0090
  - Saranac Lake Children’s Corner  (518) 891-2258
  - Early Intervention (0-3)  (518) 481-1710
    - (518) 891-4471
  - North Coast Therapy  (315) 388-7703
  - Parent to Parent  (800) 305-8817
- St. Regis Mohawk Tribe:
  - Family Support  (518) 358-9481
Health and Medical Services

Poison Control (800) 222-1222

Clinton County
Champlain Valley Physicians Hospital (518) 561-2000
Clinton County Health Department (518) 565-4848
Planned Parenthood (518) 561-4430

Essex County
Elizabethtown Community Hospital (518) 873-6377
Essex County Public Health Department (518) 873-3500
Moses-Ludington (Inter-Lakes Health) (518) 585-2831
Adirondack Medical Center: Lake Placid (518) 523-3311
Planned Parenthood (518) 483-7150

Franklin County
Adirondack Medical Center: Saranac Lake (518) 891-4141
Alice Hyde Medical Center (518) 483-3000

Franklin County Public Health Department (518) 481-1709
Planned Parenthood (518) 891-0046

Health Insurance Enrollment

Adirondack Health Institute (518) 761-0300
Southern Adirondack Independent Living Center (518) 792-3537
Massena Independent Living Center (518) 483-2151
Mental Health & Addiction

Clinton County

Behavioral Health Services North (518) 563-8206
Addiction Services (518) 565-4060
Champlain Valley Family Center (518) 561-8480
Mental Health Clinic (518) 565-4060
NAMI-CV (518) 561-2685
Psychiatric Center (315) 541-2001

Essex County

Mental Health Association (518) 962-2077
St. Joseph’s Rehabilitation Center
Inpatient (518) 891-3950
Outpatient (518) 483-6566
Substance Abuse Prevention Team (518) 585-7424
NAMI-CV (518) 561-2685
Psychiatric Center (315) 541-2001

Franklin County

Mental Health Association (518) 521-3507
Citizen Advocates (dba North Star) (518) 483-1251
NAMI-CV (518) 561-2685
Psychiatric Center (315) 541-2001
Legal Services

Sexual Assault Services of Northern New York
Planned Parenthood 24 Hour Hot Line
(877) 212-2323

Clinton County
Child Support Collection Unit (888) 208-4485
Stop Domestic Violence (518) 563-6904
North Country Center for Conflict Resolution (518) 324-5144
Probation (518) 565-4640
Legal Aid Society of Northeastern New York (800) 722-7380

Essex County
Child Support Collection Unit (888) 208-4485
North Country Center for Conflict Resolution (518) 523-0102
Probation (518) 873-3650
Stop Domestic Violence (518) 962-8949 (888) 563-6904

Franklin County
Child Support Collection Unit (888) 208-4485
Stop Domestic Violence (888) 563-6904
Probation (518) 481-1648
For Families:

- Parent-Child Play and Social Groups
- Parents Anonymous® Support Groups and Parenting Classes
- Developmental Screenings
- Resource Counseling and Referrals to Community Programs, Events & Services
- Supervised Visitation
- Kinship Caregiver Services
- Special Education Parent Network

For Child Care Professionals:

- Trainings and other professional development opportunities, including CDA classes
- Health Care Consultancy
- Food Program Reimbursements
- Specialized support for child care programs and providers
- Child Care Start-Up/Expansion Assistance

For the Community:

- Information about child care and family resources in our region
- Public awareness about family and child care issues
- Advocacy for programs and services for child care professionals and families raising young children

Contact Us:

Family Connections
P.O. Box 2640
194 U.S. Oval,
Plattsburgh, NY 12901
(518) 561-4999 or
(800) 540-2273
http://www.ccccnc.org

Family Matters
40 Marion Street
Tupper Lake, NY 12986
(518) 359-8167
http://www.ccccnc.org

Families R Us
3372 SR 11, Suite B
Cedar Commons
Malone, NY 12953
(518) 481-7281 or
(518) 483-5382
http://www.ccccnc.org